



DECEMBER 2019



Frost Elementary
School
Frostburg, MD
December 4, 2019
Volume 8, Issue 6

Frost Elementary PTA Newsletter

PTA Holiday Store

The Frost Elementary PTA will again sponsor the Holiday Store on December 9th & 10th. The price of the items is .25 to \$5.00. **Please note that we had to raise some prices this year. The majority of our items are still between \$1.00-\$3.00 but we do have a limited number of lower and higher priced items.** All students who bring in money will have an opportunity to come shop at the Holiday Store at the assigned times for their family members. Envelopes with lists were sent home for your convenience. All checks can be made payable to the Frost PTA. The PTA would like to thank all of the volunteers who work to help make the Holiday Store a success each year.

PTA Holiday Craft

The Frost Elementary PTA will be providing a holiday craft to the students in the school on Monday, December 16th. The PTA provides crafts for our students at Christmas and Valentine's Day so that everyone can celebrate those holidays with their classmates and teachers. Your support of the PTA's fundraising efforts help us to fund these activities for our students.

Upcoming Events

Dec 3	School Reopens
Dec 9	Band & Orchestra Holiday Concert 6:30 p.m.
Dec 9-10	PTA Holiday Store (snow dates will be Dec 16 th & 17 th)
Dec 10	Christmas Music Program 6:30 p.m.
Dec 12	Christmas Lunch in the cafeteria
Dec 16	PTA Holiday Craft
Dec 23	Holiday Vacation Begins Schools Closed
Jan 2	Two Hour Delayed Opening Schools Reopen

From the Desk of Mrs. Smith

We would also like to congratulate the 66 students who worked hard to qualify for the Frost Elementary School honor roll for the first marking period of the year. Those students had their names listed in the Cumberland Times newspaper. We are very proud of our students and their accomplishments.

Veterans Day was a special day at Frost Elementary School. Boys and girls in grades 3, 4 and 5 provided an awesome Veteran's Day program, which included a variety of patriotic songs. This year we also had members of the fifth grade band join our program playing patriotic songs. We were again fortunate this year to have a veteran from the Frostburg American Legion participate in our program. We appreciate the support that the Frostburg American Legion has given to our school. We also had many veterans in our audience to enjoy our program. We would like to thank our music teacher, Mrs. Saavedra-Dunn, our band teacher Mrs. Janet Jones and our students for providing such a great program.

We also had 12 veterans visit classrooms on November 8th to read to students. We would like to thank Eugene Blank, David DeWitt, Mike Goetschius, Natalie Gevedon, Troy Hartman, Stephen Kropelin, Gary Llewellyn, Bill Mickey, Paul Sagal, Frank Snyder, Gary Tummino, and Stanley Ziler sharing their experiences and reading to our students.

Frost Elementary School had a fun time celebrating National Education Week. Students participated in a variety of educational activities during the busy week. Our students enjoyed listening to 14 Mountain Ridge Honor Society students read in our classrooms, the Altoona Curves visited our school for a character trait program and we were fortunate to have 79 parents join their child at school to do a S.T.E.M. activity. Our students enjoyed an awesome week!

Frost Elementary School feels it is important to support the Frostburg community. In October, we collected 547 pounds of food for the Frostburg Pantry. Frost students will be making holiday cards for the residents at the Frostburg Nursing Home. From the 3rd - 13th of December, Frost students will be collecting gloves, hats and scarves to be placed on our "Caring Tree". Collected items will be donated to the Frostburg Pantry for those in need. Our Frost families always support these important activities. We would like to thank the families that participate.

Have a Happy Holiday!

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BOX TOPS REMINDER

The Frost PTA would like to remind everyone to remember to clip and save your Box Tops this holiday season! There are many holiday baking supplies that support Box Tops. Since the majority of box tops are digital now, please don't forget to download the free Box Top app. After you download the app it is as simple as taking a picture of your receipt and it automatically goes into our account. Please keep this in mind while shopping this holiday season. Thank you!



PTA THANK YOU'S

The Frost PTA wants to thank all of our fall Spirit Night sponsors including the Frostburg Freeze, Chick-Fil-A and Rio Grande Mexican Restaurant. We appreciate the support of all of these local businesses and ask that our Frost families continue to support these businesses as well. We will be taking a break from the Spirit Nights for the winter months, but will resume again early next year!



Counselor's Corner

Mrs. Kelli Clark

In the month of November, students were busy in guidance learning how to be good citizens by following rules, doing good things for our community, being thankful and appreciative, and taking care of our environment. We also finished up our bullying unit with learning ways to stand up for others instead of standing by and strategies for handling put-downs. Career Day was a big success as each class heard four speakers talk about his/her career and experienced hands-on aspects of each job.

The character trait for the month of December is Caring. Guidance lessons for December will focus on being caring toward others at home and at school. Students will also learn how to use praise and compliments to show others they are caring. Please discuss with your child/children how they can show caring at school so they can earn their caring ticket for the month of December. Winners for Trustworthiness in the month of October were Harper Struntz, Quinn Hamrick, Elijah Zheng, Eevah Yutzy, Christopher Barnes, Evan Padovini, Kelsey Yates, Violet Montana, Jacob Gostomski, and Cailyn Yates. Citizenship winners for the month of November were Arielle Rice, Sammy Neat, Taylor Robison, Samuel Bittner, Madilynn Slonaker, Carter Opel, Lilly McCormick, Brinnley Armstrong, David Malone, and Maugham Garrison.

P.B.I.S. News

The month of December can sometimes be the time of the year when we feel stressed. Sometimes when we are stressed our children begin to feel stressed also. Below are five tips to help you the next time you are stressed out:

1. Get support - talk to someone you trust
2. Stay calm - find a way to calm down through breathing exercises, listening to music, taking a walk, reading a book, etc.
3. Don't take it out on yourself - ask for the helping hand you need or give yourself a pat on the back
4. Try to solve the problem - after you're calm and have talked to someone, try to figure out what is causing the stress
5. Be positive - most stress is temporary - it may not seem like it but many times stress does go away, often when you figure out the problem and start trying to solve it.