

ACASC TIMES

December 2020

In This Issue

- New ACASC Officers

Introductions

- Mental Health resource for youth
- How to make a difference in your community
- MASC
- Upcoming Events

What is ACASC

The Allegany County Association of Student Councils (ACASC) mission is to foster a countywide environment for all secondary school students to express and exchange opinions and ideas, develop leadership skills, and promote student representation and involvement in all groups and organizations impacting the lives of students.

Meet the ACASC Executive Board Members:

SMOB/ACASC Vice President- Mitchell Septoff- Allegany High School



ACASC President /Alternate SMOB- Joshua Taylor- Allegany High School



"I'm excited to do community work to help not our students and their families during this pandemic, but the community as a whole."

Public Relations Officer- Reis Howard- Mountain Ridge High School



"I'm really excited for this awesome opportunity."

Parliamentarian/Sergeant at Arms- Emily Metheny – Allegany High School



"One thing I want to accomplish this year is more community outreach."

2nd Vice President (middle school rep) Cailin Robertson- Washington Middle School



"I have been a member of Washington Middle School's student council for three years, my main goal during my time as ACASC Second Vice President is to make sure all middle school voices are heard".

MR- Representative- Leah Boggs



Mental Health Resource for youth

Coping with Anxiety: Youth in 2020 was designed to provide information, insight, and resources to youth about coping with anxiety in our new environment. Watch this forum which is a great mental health resource from the Anne Arundel County Public Schools.

<https://www.youtube.com/watch?v=XddxocyvddE&authuser=0>

Making a Difference.....

Holidays are a time for giving and the nursing homes would love some extra cheer, especially this year. They would love to receive cards and/or letters which can be mailed to them. Here's a list of some local nursing homes but any nursing home or assisted living would be very appreciative.

Golden Living Center- Assisted Living- 506 White Ave,
Cumberland, MD 21502

Golden Living Center- Nursing Home- 512 Winifred Road
Cumberland, MD 21502

Egle Nursing Home- 57 Jackson Street Lonaconing, MD 21539
Attn: Activities
Or email cards/letters to: wmoomau@eglenursing.com

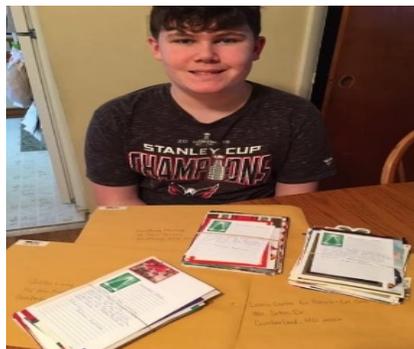
Devlin Manor Nursing and Rehabilitation Center -10301 Christie
Rd NE Cumberland, MD 21502

Lions Nursing Home 901 Seton Dr Cumberland, MD 21502 Or
email cards/letters to:
tfrankenberry@hearthstonenrc.com

Allegany Health Nursing & Rehabilitation- 730 Furnace Street,
Cumberland, MD 21502

Mountain City Center Nursing Home (St Vincent De Paul)- 48
Tarn Terrace Frostburg, MD 21532

Sterling Care Frostburg Village Assisted Living- 100 Village
Parkway Frostburg, MD 21532



- Sending cards and/or letters to the frontline workers expressing thanks and Happy Holidays.
- Sending cards to staff at the nursing homes, assisted living facilities, hospital staff, firefighters, essential workers during this pandemic, military and veterans.
- Spread some joy by donating to animal shelters, salvation army, and the union rescue.



MASC

MASC Membership- MASC depends on our membership support in order to continue to offer the many programs and resources as in past years. We still have insurance, contracts, awards, and other expenses, so we depend on our school membership to help with those expenses. Some of the additional "perks" for membership include: •networking •voting privileges •recognition and awards •appointed MASC staff positions

- access to recorded leadership workshops from conferences and events

Only MASC Member schools will be able to attend Legislative Session and Ocean City Convention Don't delay - join today!

Upcoming Events

Maryland Leadership Workshops (MLW)- January 2021- More information will be sent out soon

Maryland Association of Student Councils (MASC) Legislative Session Virtual Event: Saturday, February 20, 2021 (Registration Jan. 15-Feb. 6 – no extension)

MASC Convention- virtual- Mar 24-26, 2021 Wed 3:00 pm – Fri 11:30 am - Dates to be Adjusted

Thank you all for your time, have a great day, and a Happy Holidays!!

