

Ingredient Number :902431
Ingredient Description :ACPS Beef Steak Um
Class :Beef
Source :Local

Date Added :07/15/2014
Date Modified :07/15/2014

Measurements

Measurement	Weight	O/G	Measurement	Weight	O/G
LB	16	OZS.			
Serving	70.8740	GRAMS			
Pound	453.6000	GRAMS			
Case	4535.9240	GRAMS			

Nutrients

Per 70.874 GRAMS

Calories	175.00 kcal	Cholesterol	60.00 mg	Protein	13.10 g	Calcium	0.00 mg
Total Fat	13.00 g	Sodium	67.00 mg	Vitamin A	0.00 RE	Iron	1.62 mg
Saturated Fat	6.00 g	Carbohydrate	0.28 g	Vitamin A	0.00 IU	Water ¹	*N/A* g
Trans. Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values) (¹ - denotes optional nutrient values)

Per 100 Grams

Calories	246.92 kcal	Cholesterol	84.66 mg	Protein	18.48 g	Calcium	0.00 mg
Total Fat	18.34 g	Sodium	94.53 mg	Vitamin A	0.00 RE	Iron	2.29 mg
Saturated Fat	8.47 g	Carbohydrate	0.40 g	Vitamin A	0.00 IU	Water ¹	*N/A* g
Trans. Fat ¹	0.00 g	Dietary Fiber	0.00 g	Vitamin C	0.00 mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values) (¹ - denotes optional nutrient values)

Purchase Information

Manufacturer Name :
Product Number :

Purchase Unit Description :
Stock Unit Description :
Stock Units Per Purchase Units :
Available as commodity :
Interface Ingredient Number :

Market Cost Per Purchase Unit \$: 0.0000
Commodity Value \$: 0.0000

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.