

Ingredient Number :902491
Ingredient Description :ACPS Fish Nuggets
Class :Fish
Source :Local

Date Added :7/31/2014
Date Modified :7/31/2014

Measurements

Measurement	Weight	O/G	Measurement	Weight	O/G
LB	16	OZS.			
Each	28.3500	GRAMS			
Serving - 4	113.0000	GRAMS			
Case	4536.0000	GRAMS			

Nutrients

Per 113 GRAMS

Calories	220.00 kcal	Cholesterol	50.00 mg	Protein	14.00 g	Calcium	20.00 mg
Total Fat	9.00 g	Sodium	240.00 mg	Vitamin A	20.00 RE	Iron	1.08 mg
Saturated Fat	2.00 g	Carbohydrate	20.00 g	Vitamin A	100.01 IU	Water ¹	*N/A* g
Trans. Fat ¹	0.00 g	Dietary Fiber	2.00 g	Vitamin C	*N/A* mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values) (¹ - denotes optional nutrient values)

Per 100 Grams

Calories	194.69 kcal	Cholesterol	44.25 mg	Protein	12.39 g	Calcium	17.70 mg
Total Fat	7.97 g	Sodium	212.39 mg	Vitamin A	17.70 RE	Iron	0.96 mg
Saturated Fat	1.77 g	Carbohydrate	17.70 g	Vitamin A	88.50 IU	Water ¹	*N/A* g
Trans. Fat ¹	0.00 g	Dietary Fiber	1.77 g	Vitamin C	*N/A* mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values) (¹ - denotes optional nutrient values)

Purchase Information

Manufacturer Name :
Product Number :

Purchase Unit Description :
Stock Unit Description :
Stock Units Per Purchase Units :
Available as commodity :
Interface Ingredient Number :

Market Cost Per Purchase Unit \$:
Commodity Value \$:

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.