

**Ingredient Number :902471**  
**Ingredient Description :ACPS - Cereal Frosted Flakes 96/1 oz**  
**Class :Breakfast Cereals**  
**Source :Local**

Date Added :07/17/2014  
Date Modified :07/17/2014

**Measurements**

Measurement	Weight	O/G	Measurement	Weight	O/G
LB	16	OZS.			
Bowl	28.3500	GRAMS			
Case	2722.0000	GRAMS			

**Nutrients**

Per 28.35 GRAMS

Calories	100.00 kcal	Cholesterol	0.00 mg	Protein	1.00 g	Calcium	150.00 mg
Total Fat	0.50 g	Sodium	190.00 mg	Vitamin A	100.00 RE	Iron	6.30 mg
Saturated Fat	0.00 g	Carbohydrate	24.00 g	Vitamin A	500.00 IU	Water <sup>1</sup>	*N/A* g
Trans. Fat <sup>1</sup>	0.00 g	Dietary Fiber	1.00 g	Vitamin C	4.80 mg	Ash <sup>1</sup>	*N/A* g

(\*N/A\* - denotes missing nutrient values) (<sup>1</sup> - denotes optional nutrient values)

Per 100 Grams

Calories	352.73 kcal	Cholesterol	0.00 mg	Protein	3.53 g	Calcium	529.10 mg
Total Fat	1.76 g	Sodium	670.19 mg	Vitamin A	352.73 RE	Iron	22.22 mg
Saturated Fat	0.00 g	Carbohydrate	84.66 g	Vitamin A	1763.6 IU	Water <sup>1</sup>	*N/A* g
Trans. Fat <sup>1</sup>	0.00 g	Dietary Fiber	3.53 g	Vitamin C	16.93 mg	Ash <sup>1</sup>	*N/A* g

(\*N/A\* - denotes missing nutrient values) (<sup>1</sup> - denotes optional nutrient values)

**Purchase Information**

Manufacturer Name :  
Product Number :

Purchase Unit Description :  
Stock Unit Description :  
Stock Units Per Purchase Units :  
Available as commodity :  
Interface Ingredient Number :

Market Cost Per Purchase Unit \$ : 0.0000  
Commodity Value \$ : 0.0000

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**