

Ingredient Number :902515
Ingredient Description :ACPS Blueberry Mini Waffles
Class :Breakfast recipes
Source :Local

Date Added :7/31/2014
Date Modified :7/31/2014

Measurements

Measurement	Weight	O/G	Measurement	Weight	O/G
LB	16	OZS.			
Serving	68.0000	GRAMS			
Case	4896.0000	GRAMS			

Nutrients

Per 68 GRAMS

Calories	201.88 kcal	Cholesterol	10.63 mg	Protein	3.19 g	Calcium	21.25 mg
Total Fat	6.38 g	Sodium	212.50 mg	Vitamin A	*N/A* RE	Iron	0.38 mg
Saturated Fat	1.06 g	Carbohydrate	34.00 g	Vitamin A	*N/A* IU	Water ¹	*N/A* g
Trans. Fat ¹	0.00 g	Dietary Fiber	2.13 g	Vitamin C	*N/A* mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values) (¹ - denotes optional nutrient values)

Per 100 Grams

Calories	296.88 kcal	Cholesterol	15.63 mg	Protein	4.69 g	Calcium	31.25 mg
Total Fat	9.38 g	Sodium	312.50 mg	Vitamin A	*N/A* RE	Iron	0.56 mg
Saturated Fat	1.56 g	Carbohydrate	50.00 g	Vitamin A	*N/A* IU	Water ¹	*N/A* g
Trans. Fat ¹	0.00 g	Dietary Fiber	3.13 g	Vitamin C	*N/A* mg	Ash ¹	*N/A* g

(*N/A* - denotes missing nutrient values) (¹ - denotes optional nutrient values)

Purchase Information

Manufacturer Name :
Product Number :

Purchase Unit Description :
Stock Unit Description :
Stock Units Per Purchase Units :
Available as commodity :
Interface Ingredient Number :

Market Cost Per Purchase Unit \$:
Commodity Value \$:

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.